

PINE RIDGE SWIM TEAM
Positive Program Policy
WE are a TEAM!

The Pine Ridge Board Members, Coaches, Directors, Committee Chairman, Volunteers, Parents and Swimmers, will do everything they can to make this a fun, yet competitive swim program by **ONLY** using **POSITIVE REINFORCEMENT** towards one another.

- DO:** Use words of encouragement like “we/you can”
 Complement good choices and good sportsmanship whenever the opportunity arises
 Give praise for achieving/improving any skill whenever possible
 Reward the promotion of Teamwork.
 Share and provide ideas of improvement
 Support the TEAM spirit
- DON'T:** Be Critical, Criticize or Complain
 Use demeaning words like “you didn’t/can’t” or just the word “wrong”
 Promote hostility among any member of our TEAM

Our TEAM employs Coaches who want nothing other than to teach and succeed and are hired under that pretense. The rest of our TEAM (Board Members, Directors, Chairs, Volunteers, Parents and Swimmers) must respect their goals by supporting them using only positive feedback and suggestions.

Coaches will work together as a TEAM, complementing each other’s coaching techniques and personalities to provide a positive environment and good role models for the rest of our TEAM. Coaches will offer problem solving to improve both swimming and team building skills. They will implement team building strategies to teach and encourage swimmers to support each other by cheering, staying together during practices and meets and by sharing friendships.

Our TEAM has many Volunteers, who will support the rest of the TEAM through smooth and unexpected ruff circumstances by offering assistance when needed, providing yet another good role model for our children.

Our swimmers will ask Parents questions about our TEAM, policies, incidences and differences in personalities. Please support our TEAM by teaching your child that perfection is too high of an expectation. Offer them good choices and provide a positive spin how to work as a TEAM and know that the guidance you give them will benefit them throughout their lifetime.

Thanks for joining our TEAM!